## today's prayer

## Psalm 123

Loving and Gracious Father,

I lift my eyes to You, enthroned in the heavens, for You alone are worthy of praise. Just as the eyes of servants are fixed on the hands of their masters and maidservants on the hands of their mistresses, so my eyes look to You, the Lord my God. I recognize my dependence on You and acknowledge that all mercy and grace flow from Your loving heart.

Lord, I humbly come before You, seeking Your mercy. I have experienced the weight of contempt and the scorn of those who live in pride. Their words and actions have caused my soul to ache. Yet, in the midst of my distress, I find rest in knowing that You are a God of mercy and compassion.

Please pour out Your mercy upon me, O Lord. I long for Your divine intervention and guidance in my life. Heal the wounds caused by the contempt of others and restore my spirit. Grant me the strength to rise above the opinions and judgments of those who do not understand Your ways.

In a world that often promotes pride and self-righteousness, teach me humility. Help me to remain steadfast in my devotion to You, even when faced with opposition and ridicule. May Your mercy be my refuge and source of comfort.

Lord, as I seek Your mercy for myself, I also lift up those who have shown contempt and scorn. Soften their hearts, open their eyes to Your truth, and lead them to a place of repentance. May they experience Your transforming love and find forgiveness in Your arms.

In this journey of worship, I place my trust in You, the source of all mercy and grace. I fix my gaze upon Your unfailing love and seek Your guidance in every step I take. Thank You for the assurance that in Your presence there is hope and healing.

I pray all these things in the precious name of Jesus.

Amen.

