today's prayer

Psalm 121

Gracious and Loving God,

As I lift up my eyes to the hills, I am reminded of Your majesty and Your greatness. From where does my help come? My help comes from You, the Lord, the Maker of Heaven and earth. I find rest and comfort in knowing that You are the source of all my strength and assistance.

You, O Lord, are vigilant and attentive to my needs. You never slumber nor sleep, for You are always watching over me. I take comfort in the assurance that You are my faithful keeper, my constant companion. You are like a shade on my right hand, providing shelter and protection from the perils of the day and the dangers of the night.

In Your infinite love and care, You shield me from harm. You guard my steps, ensuring that I will not stumble or fall. You are my Refuge and Fortress, my safe haven from all evil. You preserve my life and guide me in all my ways.

Lord, I surrender my life into Your hands. I trust in Your unfailing love and unwavering faithfulness. I rely on Your wisdom and strength to navigate the challenges and uncertainties that lie ahead. Keep me from all evil—both seen and unseen. Preserve my life, O Lord, and guard me from the snares of the enemy.

I acknowledge that my dependence is solely on You, for You are my Help, my Provider, and my Sustainer. Guide my steps as I go out into the world today, and bring me safely back always in Your loving presence. From this moment onward, and forevermore, I entrust my life to Your care.

Thank You, Lord, for Your unending protection and provision. I am grateful for Your abiding presence in my life. May I always find strength and assurance in knowing that my help comes solely from You, the Lord, who made Heaven and earth.

In the name of Jesus, I pray.

Amen.

