

# Psalm 119:30-32

Dear God,  
I come before You with a humble heart,  
asking that You would enlarge my heart. As  
the psalmist wrote, I have chosen the way of  
faithfulness and I set Your rules before me.  
But I know that I cannot do this on my own. I  
need Your help, Your strength, and Your  
guidance.

God, please help me to cling to Your  
testimonies and not be put to shame. Help  
me to run in the way of Your  
commandments with joy and enthusiasm.  
Enlarge my heart, God, so that I may have a  
greater capacity to love You, to serve You,  
and to follow You.

I pray that You would fill me with Your Holy  
Spirit, so that I may be strengthened from  
within. Help me to overcome any doubts,  
fears, or obstacles that may stand in my  
way. May Your love fill me to overflowing, so  
that I may share it with others.

Thank You for Your grace and mercy, which  
are new every morning. Thank You for Your  
faithfulness, which never fails. I trust in Your  
promises and I know that You will never  
leave me or forsake me.

God, enlarge my heart, that I may glorify You  
in all that I do.

In Jesus' name, I pray. Amen.