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Dedication

To my children, Rachel, Philip, Thomas, and Sarah, Mama prays for you.

I pray that you will grow to know Jesus Christ personally, completely, and intimately. That you will understand the power of these verses, and claim them over your life. "For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, nor height nor depth, nor anything else in all Creation, will be able to separate us from the love of God in Christ Jesus our Lord" (Romans 8:38-39).

I pray that your lifelong journey of faith finds you only in the very center of God's will. And that you will find peace and contentment nowhere else but there. That you will never look for these things (peace and contentment) in what the world has to offer you.

I pray that you will discover God's all-sufficiency and provision for your daily life. That you will recognize the truth of James 1:17. "*Every good gift and every perfect gift is from above, coming down from the Father of lights, with Whom there is no variation or shadow due to change*."

I pray that you will always find yourself complete in Him and understand who He says you are. That you will pass the truths of God's character and His steadfast love on to the next generation.

Thank you

A special thanks to the girls who shared their personal reflections on these 16 names of God. I loved reading each one of your stories and could relate on so many levels. You are a blessing!

Thank you to those who prayed over this book as it was being penned. This was a difficult journey. From the very beginning, I have felt spiritual warfare like never before. Thank you to my good friend, Diana, who shared this verse with me. This was a turning point!

"Then Asa called to the LORD his God and said, 'LORD, there is no One like You to help the powerless against the mighty. Help us, our God, for we rely on You, and in Your name we have come against this vast army. LORD [Yahweh], You are our God; do not let mere mortals prevail against You.'" 2 Chronicles 14:11

If you prayed over this book, I am convinced that your prayers made this beautiful thing happen! Thank you to these awesome editors—Amanda Baker and Cami Snyder. You are a truly blessing!

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Prologue

One of the most intriguing passages of Scripture in the Old Testament is found in Psalm 91. Often referred to as *"The Soldier's Psalm,"* Psalm 91 is a wonderful chapter to meditate on and memorize. It's great for times of warfare, whether physical or spiritual, but there is something deeper tucked away in the first two verses. Most people will overlook it. These first two verses contain four different, distinct names of God! It's amazing!

"He who dwells in the shelter of the Most High [EL ELYON—Most High God] will abide in the shadow of the Almighty [EL SHADDAI—Lord God Almighty]. I will say to the Lord [ADONAI—Lord Master] 'My refuge and my fortress, my God [ELOHIM—Creator God], in Whom I trust.'" Psalm 91:1-2

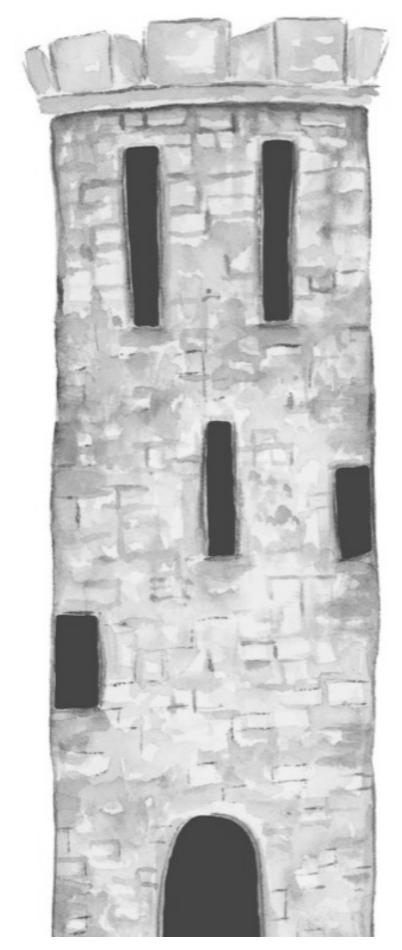
It is widely believed that Psalm 91 was composed by Moses when he completed building the Tabernacle. The verses describe his spiritual experience as he entered the portable sanctuary in the desert. Moses was well acquainted with God—the Most High, Almighty, Master, and Creator.

King Solomon was also well acquainted with God. Solomon is synonymous with wisdom. This made him uniquely qualified to serve as the principal author of the book of Proverbs. When Solomon asked God for wisdom and knowledge to lead the people of Israel, God granted his request—not only giving him wisdom, but also riches, honor, and long life. In Proverbs 18, Solomon writes of the wisdom of running to the name of the Lord. *"The name of the Lord is a strong tower; the righteous run to it and are safe*" (Proverbs 18:10).

Both Moses and Solomon knew this Strong Tower personally and intimately. God is a knowable God! Isn't that a lovely thought, friend? He wants us to know Him. He reveals Himself to us all throughout the Bible. One way He does this is through His names. They reveal His character.

The 16 names of God that we will look at in this book are presented in the order that they are revealed to us in God's Word. Let me tell you why I believe that is important. As we study each of these names of God, we will see His character and nature build on the name before it. Elohim— Creator God, is followed by Yahweh—LORD Jehovah. Yahweh, a name so reverenced that the people of that day would not even say it aloud, is followed by El Elyon—Most High God. El Elyon is a reminder to us that there is no other god comparable in any imaginable way to our God. And His character and nature continue to build all the way to Jehovah Shammah—the Lord is There.

By studying God's names, we will discover unique aspects of His character and nature. Through these 16 names of God, we will see His multifaceted character build on itself. We will see His nature revealed to us, and as we do, we will begin to appreciate the complexity of each of His



names. Ultimately, we will discover a God Who loves us and desires to have an intimate relationship with us.

People are interested in the names of God, and for good reason. They are searching for Him in so many different ways today. Sometimes, I don't even think they know what they are searching for, but thirsty souls and hungry lives leave them searching for more than this world can offer.

I hope, through this book, you will discover a new awareness of the all-sufficiency of God. I hope that discovery impacts your daily living and your eternal focus. My prayer for this book is two-fold. First, to help believers recognize how His character is relevant to their daily lives. Second, to help unbelievers understand how His nature demonstrates His trustworthiness and love.

Studying the names of God gives us spiritual nourishment. By studying His names, parched and thirsty souls, resulting in malnourished spiritual lives, will be refreshingly fed. Leaning on the Strong Tower of His names will be life-changing! Realizing who we are in Him brings us hope and strengthens weak faith.

You know, friend, your life is not a result of happenstance. It's not a mistake. The fact that you picked up this book today is not a matter of chance either. God formed you in your mother's womb. His plan, from before the beginning of time, was to uniquely knit you together just as you are. We know that life has meaning and purpose because it was created by God. And you, friend, you are here today by divine providence. Your life has meaning and purpose.

Let's dive into these 16 names of God. Let's learn of Him, and let's discover that meaning and purpose today!

God knows us by our names (Isaiah 43:1). Shouldn't we also know Him by His?





The name of God Elohim is first used in Genesis 1:1. "In the beginning, God [Elohim] created the heavens and the earth." Elohim is the plural form of El which was borrowed from the Canaanite language. Elohim is one of the oldest forms of designations for divinity in the world.

The name Elohim occurs over 2,000 times in the Old Testament. We find it first used at the beginning of all beginnings—Creation. "In the beginning Elohim..." (1:1). Elohim is the great Creator God. He creates the heavens and the earth, separates light from darkness, and water from dry land. There was "In the beginning Elohim..." and nothing else. Everything else is a result of Elohim's creative powers and unsurpassed wisdom. Everything else was created "...through Him and for Him" (Colossians 1:16), including you and me. There was "In the beginning Elohim..." and nothing else. Everything else is a result of Elohim's creative powers and this unsurpassed wisdom. Everything else was created "...through thim and for thim" (Colossians 1:16), including you and me.

Elohim is a personally knowable God. The first thing Elohim wants us to know about Him is recorded in Genesis 1:1. He is our Creator.

The doctrine of Creation is literally the beginning. Elohim is the Creator of all. Therefore, all belongs to Him, and we are merely called to be faithful stewards of His Creation.

Everything that exists is the act of a sovereign, loving, and knowable Elohim—our Creator. This means that we have a unique purpose in His eyes. You, friend, are here today by divine providence and designed just the way you are for a unique purpose.

Elohim is the three-in-One—the Trinity. In Genesis 1:26, we see the name Elohim used for the first time in a plural form, "*Let us make man in Our image, after Our likeness*." Then, immediately following this, in Genesis 1:27, in the singular form again. "*So God created man in His own image, in the image of God He created him*." The plural form, found in Genesis 1:26, indicates the presence of the Trinity. The Father, the Son, and the Holy Spirit—from the very beginning. At the same time, Genesis 1:26 also emphasizes the truth of One God. The Trinity is yet another foundational doctrine of Christian theology.

From the very beginning of time, Elohim, Who is eternal by His very nature, has always been threein-One. There is only One true Elohim, but He manifests Himself in His plurality as the Father, the Son, and the Holy Spirit. How do we even, as finite creatures—the Creation of Elohim—wrap our brains around that concept? How do we explain the Trinity to our children? I often use the analogy of an egg. An egg is made up of three parts—the shell, the white part, and a yolk. Elohim, in some respects, is like an egg. He is three-in-One—God the Father, God the Son (Jesus Christ), and God the Holy Spirit. Yet He is still One, as the shell, white part and yolk are one egg.

However, at the same time, Elohim is not like an egg. He is not made up of three individual parts one part the Father, another part the Son, and a third part the Holy Spirit. The Father is fully Elohim; Jesus Christ is fully Elohim, and the Holy Spirit is fully Elohim. Each is fully Elohim. Each is fully God.

When we look through the book of Genesis, we see Elohim created the heavens and earth (2:4). We read of Melchizedek being a priest of Elohim (14:18). We find Abram asking Elohim how He will fulfill His promise to a childless Abram (15:2). We find Elohim referred to as the Almighty God (17:1) and as the Everlasting God (21:33). In all of those spaces, we find Elohim as our Creator. We see ourselves as priests (1 Peter 2:9; Revelation 5:10) and children of Elohim. At the same time, we see Elohim as our Almighty and Everlasting God!

Elohim occurs 32 times in the book of Genesis alone. Following that, the name Yahweh appears as well and is often paired with Elohim. The two together are translated as "*The Lord God*."

By faith, we easily believe in things that happened long ago, like Creation, the Flood, and the parting of the Red Sea. We don't question that the Israelites crossed on dry ground. Our faith can be grounded in the crucifixion and resurrection. Jesus feeding the 5,000, walking on the water, and raising Lazarus from the dead are truths we believe. Yet, we struggle to believe by faith things happening today, right now in our own lives, and in the future. We struggle to see God at work in the here and now. We struggle to find our way in His will. God has got this, friend! He is good, and He is great. He is the powerful Elohim—Creator God!

Elohim alone is eternal. Nothing else is. Everything else has a beginning and an end. How can we not trust an eternal Elohim with our temporal problems? Elohim alone is the eternal Creator of all that exists. When we look to Elohim our Creator we see He exists prior to Creation. He is independent of and sovereign over all Creation. ALL Creation—that includes us. Elohim is sovereign over my life, and He is sovereign over yours as well.

Five times, in Genesis 1, we read, "And Elohim saw that it was good" (1:10, 12, 18, 21, 25). Then, in verse 31 we read, "And Elohim saw everything that He had made, and behold, it was very good." Everything Elohim created "was very good," everything! That means us too! We are just one of the many things He created. But friend, I don't hesitate to write this, we are the most special to Him of all His Creation. Just as Creation itself reflects the glory of Elohim, so should we. We were created by Him, uniquely, to be a reflection of His glory.

There are other places in Scripture where we see Elohim's character. In Exodus 34:6, we see Him as a merciful and gracious God, long-suffering and abundant in goodness and truth.

"The Lord descended in the cloud and stood with him [Moses] there, and proclaimed the name of the Lord. The Lord passed before him and proclaimed, 'The Lord, the Lord, a God merciful and gracious, slow to anger, and abounding in steadfast love and faithfulness, keeping steadfast love for thousands, forgiving iniquity and transgression and sin, but Who will by no means clear the guilty, visiting the iniquity of the fathers on the children and the children's children, to the third and the fourth generation.'" Exodus 34:5-7

Elohim, this most ancient name of God, conveys the idea of His creative power. That creative power speaks to His authority, and sovereignty over all He created. Creation is the foundational reality of our faith, and every biblical truth hinges on it. Without Creation, there is no Garden of Eden. Without the Garden of Eden, there is no Tree of Life. Without the Tree of Life, there is no need for redemption. Elohim is the name Jesus cried out on the cross of Calvary. From the cross of Calvary, from the very grips of redemption, the Son of God cried out to Elohim His Father. This is a powerful image, and the name Elohim depicts for us a powerful God!

In the book of Job, chapters 38-41, we see the Creator God. We see Elohim patiently reminding Job that He is the Creator, and Job is merely His Creation. So many times I need this reminder too.

"Where were you when I laid the foundation of the earth? Tell Me, if you have understanding. Who determined its measurements... Who stretched the line upon it?" Job 38:4-5

Elohim tells Job I know you, I will sustain you, I will take care of you, and I am worthy of your trust. We as the created cannot fully understand or even begin to fathom the work of the Creator God. Yet, we can fully trust Him! Elohim knows you, friend! He will sustain you, He will take care of you, and He is worthy of your trust today! When we see God as Elohim—Creator, we can fully trust Him to provide for our needs every day of our lives. Elohim—Creator, and Sustainer of all that exists.

"Lift up your eyes on high and see: Who created these? He Who brings out their host by number, calling them all by name; by the greatness of His might and because He is strong in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God?'" Isaiah 40:26-27

Elohim both created and sustains us! Why would we doubt His knowledge of our daily needs?

In Isaiah 40:31, we find that Elohim does not grow weary, and He gives us strength.

"But they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint." Isaiah 40:31

We go on to read in Isaiah 42:5, that Elohim is the source of all life. All life is sacred.

"Thus says God, the Lord, Who created the heavens and stretched them out, Who spread out the earth and what comes from it, Who gives breath to the people on it and spirit to those who walk in it." Isaiah 42:5

You, friend, are special in His eyes.

"But now thus says the Lord, He Who created you, O Jacob, He Who formed you, O Israel: 'Fear not, for I have redeemed you; I have called you by name, you are Mine.'" Isaiah 43:1

While our chaotic world seems to be out of control, let's remember that Elohim is always in complete control. He always will be in complete control! Just as He has been completely in control throughout history, He is equally in control of our here and now. He is also in control of our future—both the immediate and long-term. No event takes Elohim by surprise as it does us!

"Thus says the Lord, the Holy One of Israel, and the One Who formed him: 'Ask Me of things to come; will you command Me concerning My children and the work of My hands? I made the earth and created man on it; it was My hands that stretched out the heavens, and I commanded all their host. I have stirred him up in righteousness, and I will make all his ways level; he shall build My city and set My exiles free, not for price or reward,' says the Lord of Hosts." Isaiah 45:11-13

There is one Father, one Creator, one Maker, and one Elohim.

"Have we not all one Father? Has not one God created us? Why then are we faithless to one another, profaning the covenant of our fathers?" Malachi 2:10

We all have one Father, one Creator, one Maker, and one Elohim. From Genesis to Revelation, His Word reveals Him as Creator.

"In the beginning, Elohim created the heavens and the earth." Genesis 1:1

"And the angel whom I saw standing on the sea and on the land raised his right hand to Heaven and swore by Him Who lives forever and ever, Who created Heaven and what is in it, the earth and what is in it, and the sea and what is in it, that there would be no more delay." Revelation 10:5-6

We have been created in the image of a personal, knowable God, and His name is Elohim. We were created to enjoy a personal relationship with Elohim. To this end, the incredibly Good News today is that the Creator is also our Redeemer! In a radical act of compassion and immeasurable mercy, Elohim became part of His own Creation. He did this to redeem fallen mankind. *"For our sake, He made Him to be sin Who knew no sin so that in Him we might become the righteousness of God."* 2 Corinthians 5:21

Our Creator, our Elohim, became the God/man—completely, fully God, yet completely fully man at the same time. He took on human flesh, sacrificing Himself at the will of the Father on the cross of Calvary. He did this to pay the penalty for our sin—a penalty we could never pay. By this act, He opened the door for us to, by faith, cultivate that personal, intimate relationship with Him. It's a relationship that our souls both hunger and thirst for. All of this, from a knowable Elohim that comes to seek and save that which was lost.

"For the Son of Man came to seek and to save the lost." Luke 19:10 Do you know Elohim today as both your Creator and Redeemer? "...if you confess with your mouth that Jesus is Lord and believe in your heart that God raised Him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth, one confesses and is saved." Romans 10:9-10

Your life has both meaning and purpose, friend. Elohim designed you uniquely with that meaning and purpose in mind—it's part of His perfect plan. Every one of us has been created with a unique design to glorify Elohim. Our life has meaning and purpose because we were created by Elohim and for Elohim.

To discover that meaning and purpose, we must seek to know the One Who gave us life. Elohim, the Creator of the heavens and earth and all that exists, is a knowable God. He is the Creator of light and darkness, the sun, moon, and stars. He made the seas and the dry land, the birds, fish, and every living creature. This God, this Creator, this Elohim wants a personal relationship with you today!

At the same time, our souls were created to crave that personal relationship. Nothing else will satisfy that longing in your soul. We must seek to know our Creator—our Elohim. We must seek to know His names that ultimately define His character. This is the beginning of a lifelong relationship that will fulfill that craving in your soul.

And remember, Elohim, our Creator God, makes no mistakes, friend! When we plant our feet on the solid ground of eternity we will see our Creator. Our Elohim will be there, and we will comprehend then what is so difficult to understand now.

Personal Reflection

Even a casual reader of the Bible knows that the first chapter of Genesis reveals the account of Creation and all that God accomplished by simply speaking His perfect Creation into existence. Then the Fall happened, and the curse of sin rippled across the world. Since that time, every human has felt the effects in one way or another, including physical ailments or chronic issues.

For me, I was born with perfectly healthy eyes, but they did not stay that way for long. Well before I was two years old, I was struck with strabismus, the medical term for crossing of the eyes. While this commonly happens in children, typically under the age of three, strabismus usually strikes in only one eye. However, both of my eyes were affected, making me an even greater statistic. By the time I was two years old, my parents had taken me to Indiana University, where ophthalmologists operated on my eyes twice. After that, the doctors told my parents that I would need to go through puberty before being operated on any further. My eyes needed to further develop, they said, prior to any correction being possible.

I went through two more surgeries in my teens, and my eyes still were not corrected. This is a difficult thing in those formidable years. I don't even remember anything from when I was two, but I remember everything that happened with the two surgeries as a teen. Being made fun of, called names, and mocked is hard, and those things make a person very self-conscious long after the

laughter has faded away. I often asked God why I was the only one of my family to deal with such difficulties, as none of my five siblings ever had anything of this nature to go through in their lives.

I especially remember at the age of nineteen really struggling with all of it, as my eyes were still "not right," and it was all I had known my entire life. I kept asking God, searching His Word for answers to my selfish questions. In my searching, I came across the passage in 2 Corinthians 12 where Paul asks the Lord three times to remove his "thorn in the flesh." When God gave His answer, He included these words, " ... My grace is sufficient for thee: for My strength is made perfect in weakness." (12:9) I knew then what God's answer was for me. He had much greater plans for me than what I was seeing at that time.

When I had my final surgery at age twenty-seven, I knew then that my eyes would be as they are to this day, and I'll be forty-nine this summer. I remember hearing the Holy Spirit in my heart and mind saying to me, "This is your thorn, and My grace is still sufficient."

I've dealt with a lot of inflammation and other issues with my eyes since that last surgery, but I've also seen God's grace running through it all every time. When I have the opportunity to share with others who are struggling, I get to tell them about God's goodness and grace to me even when I didn't understand it all. Only eternity will truly reveal the impact God's choice in my life has had. The Potter, Elohim, made me thus, and I am so grateful He did. —Heather

God reveals His character to us continuously through His Word. Beginning with Elohim, our Creator God, He becomes Yahweh, our LORD Jehovah. His desire for a relationship with us extends far beyond our role as created beings. We were made for something more, and God wants to be our Yahweh, LORD Jehovah, for all of time in this life and beyond.

Journal A Prayer

With what you've learned from this chapter, write out a prayer to Elohim, your creator God.



I'll be honest with you, I have tried to read the Bible cover to cover in a year many times before and never succeeded. But last year, I did it and the most amazing thing happened! As I was reading through God's Word, I was also writing *Sweeter Than Honey*. The Scripture reading on the final day of my writing schedule was the last two chapters of Revelation. That's where I read that God said *"It is done"* (21:6)! When I read that, it was like a light went on in my head, and, for the first time ever, I realized the full scope of God's redemptive plan for mankind! I saw the big picture that day!

- At the beginning of the Bible, following Creation in Genesis, God says, "*It is good*" (1:31). Of course, sadly, we know that mankind messed that up big time.
- In the book of John, we read as Jesus hung on that cross for you and me, where He says *"It is finished"* (19:30). This is the pivotal point of God's redemptive plan and all of history.
- Then, finally, in Revelation, we read, "*It is done*" (21:6)! Notice the exclamation mark that follows those powerful words.

IT IS GOOD. IT IS FINISHED. IT IS DONE!

This has been such a great season of life to be reminded of these truths!

Sweeter Than Honey is a 365-day devotional journey centered on Psalm 119:103. "How sweet are Your Words to my taste, sweeter than honey to my mouth!" It's a book written to help you find peace in the chaos and strength for your weakest moments as it encourages you in your daily walk with God. These 365 devotions will lead you gently through God's Word in chronological order of book authorship, and when you read the accompanying passage for each day you will have read through the entire Bible!

"You'll find encouragement on every page of this book—encouragement to seek God above all else. The strong spiritual emphasis will challenge you to turn to God for daily direction and experience His presence in a whole new and intentional way. Sweeter Than Honey will become more to you than just another daily devotional, it will become a keepsake as you record prayers and participate in thought-provoking, practical exercises that touch every aspect of your life and draw you closer to our Creator." —Prologue



We are quick to thank God for beautiful things, like roses, chocolate cake, and the life that makes sense. But what about the things that aren't so beautiful and don't make much sense? What about the thorns, bitter things, and our brokenness?

The Heart That Heals is a book I wrote for you, for your mom, your sisters, the girls in your small group or Bible study, and the women you work with every day. Basically, I wrote this book for every one of us, because we all need to be reminded, from time to time, of the promises of God.

If you and I were Pen Pals, *The Heart That Heals* is the letter I would write to you if you'd lost a child, a husband, a best friend, or a sister. It's the kind of letter I would seal with a heart-shaped sticker that says, *"God Loves You,"* you know, that kind of sticker you used to get in Sunday school. You'd read my letter and you'd know, yes, you would know, He truly does love me!

I love coffee, dark chocolate, and Jesus. Just not necessarily in that order. But if I'm completely honest with you, friend, some days it is in that order, and that's a big problem! One of the things I love about *The Heart That Heals* is that it reminds me of my priorities, and that I'm not the one in control here. Then it gently guides me back to the path where the One Who is in control is patiently waiting. Except He's not just waiting. He's been pursuing me, calling my name, beckoning me back to Him the whole time.

I pray *The Heart That Heals* meets you in the quiet places of your heart—especially that place where you struggle to see God at work. I'm inviting you to explore those places with me and be changed.

"The Heart That Heals is like a friend who comes alongside you to walk a long journey. There are moments on the path when your friend lets you cry, or even cries along with you because the terrain is tough. There are times when your friend grabs your hand and lifts you up because you've tripped over a tree root you didn't see. Then there are glimpses of remembered joy when your friend says something funny-and you laugh-and the path seems brighter. And, somewhere along the way, you realize she gets it. She understands. She knows because she's walked this path before. Thank you for providing a resource that not only offers healing hope but also a sense of friendship for the journey." —Stephanie



We're building a worldwide online community of encouragers encouraging others in the faith of Jesus Christ. So, grab a cup of coffee and *Join the movement*!

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If you like hashtags as I do, please use #16NamesOfGod and/or #InstaEncouragements.

MISSION: Equipping you to be an encourager.

VERSE: *"Therefore encourage one another and build one another up, just as you are doing"* (1 Thess. 5:11).

VISION: To give followers the opportunity to daily encourage others in the faith and be the light in their little corner of the world.

PURPOSE: Our greatest purpose is to know Jesus Christ and to make Him known. It's really just that simple. We do that by presenting the Gospel of Jesus Christ in such a way that it turns non-Christians into converts, converts into disciples, and disciples into mature, fruitful leaders, who will, in turn, go into the world and reach others for Him.

"The name of the Lord is a strong tower; the righteous run into it and are safe." Proverbs 18:10

In Old Testament times, a name was an identification and an identity. Many times, a special meaning was attached to a name. The names of God reveal His identity, and they have special meanings.

All throughout Scripture, God reveals Himself to us. Much of the Old Testament is where He reveals Himself through His names. As we study these 16 names of God, we will better understand Who He is. The meanings of His names uncover the central personality and nature of the One Who is our Strong Tower.

Let's run to that Strong Tower of the names of God together, friend!

Through the study of these 16 names of God, you will see His character unfold in ways you've never seen before. You will recognize how closely related His names are to His character. You will become even more personally committed to following Him. You will see His steadfast love toward you and recognize who you are in Him.

These 16 names of God are presented in the order that they are revealed to us in God's Word—the Bible. As we study these 16 names, we will see His character and nature unfold and build on the name before it. You will find yourself immediately drawn to Him as you discover He is not only your Creator. He is also your Provider. He is your Healer and your place of peace. He is your Protector, Guide, and constant Companion.

God knows us by our name (Isaiah 43:1). Shouldn't we also know Him by His?



Hi friend, let's run to the Strong Tower, together!

I have been a Christian since the third grade. That's where the journey began for me. Throughout my life, God has continued to pursue me, for which I am grateful. No doubt, left to do life by myself I would have made a great big mess of things! Maybe you feel the same.

I'm a daughter, wife, mother of four and grandmother. I love dark coffee and dark chocolate more than the average person. I'm also a Christian lifestyle blogger and content manager at www.InstaEncouragemanets.com. If you haven't visited us over at the blog, or on our social media channels, I hope you will very soon. Stop by and say, "Hello!" I'd love to hear from you!

Fatsy

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